



**Patient Information**

Patient Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Gender: Female  Male   
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Work Phone \_\_\_\_\_  
SS# \_\_\_\_\_ Employed By \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

**Preferred Language:** check one below  English  Spanish  Other \_\_\_\_\_

**Spouse / Parent / Guardian Information**

Spouse/ Parent/ Guardian \_\_\_\_\_ Phone \_\_\_\_\_  
Primary Care Physician \_\_\_\_\_ Physician Phone: \_\_\_\_\_ Fax: \_\_\_\_\_  
Preferred Pharmacy, Location & Phone Number \_\_\_\_\_

**Insurance Information**

Primary Insurance Company \_\_\_\_\_ Secondary Insurance Company \_\_\_\_\_  
POLICY HOLDER \_\_\_\_\_ POLICY HOLDER \_\_\_\_\_  
DATE OF BIRTH \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_  
RELATIONSHIP TO PATIENT: \_\_\_\_\_ RELATIONSHIP TO PATIENT \_\_\_\_\_

**Worker's Compensation Information**

Compensation Carrier \_\_\_\_\_ Claim # \_\_\_\_\_  
Employer's Name \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Adjuster's Name \_\_\_\_\_ Phone \_\_\_\_\_ Date of Injury \_\_\_\_\_

**Consent to Pay Insurance Benefits / Release of Medical Information**

I accept responsibility for all Medical Costs incurred by the above named patient. I authorize payment of any insurance benefits to be made directly to Sonoran Orthopedic Trauma Surgeons, PLLC. I authorize the release of any medical information necessary to process all insurance claims.

**Signature of Patient or Insured Party if Patient is a Minor**

**Date**



**HEALTH QUESTIONNAIRE**

*(Please complete fully)*

Name \_\_\_\_\_ Date: \_\_\_\_\_

**Marital Status:**  Married  Divorced  Widowed  Other: \_\_\_\_\_

**Occupation:** \_\_\_\_\_ **Hand Dominant:**  Right  Left

**History of Past Illnesses: Have you had:**

Diabetes	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Heart Disease	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Lung Disease	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Stroke	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Cancer	<input type="checkbox"/> No	<input type="checkbox"/> Yes	Hypertension	<input type="checkbox"/> No	<input type="checkbox"/> Yes
Kidney Disease	<input type="checkbox"/> No	<input type="checkbox"/> Yes						

Other Serious Illness: \_\_\_\_\_

**Previous surgeries?**  No  Yes

Please List:

\_\_\_\_\_

**Have any of your blood relatives ever been diagnosed with health issues?**  No  Yes

Relationship to yourself

Type of Disease

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Do you have allergies to medications?**  No  Yes

Please List:

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Please list all medications you take on a regular basis, including Aspirin and Aspirin Containing Products:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Do you currently use tobacco? \_\_\_\_ No \_\_\_\_ Yes

Do you have an advanced care plan or designated surrogate? \_\_\_\_\_ No \_\_\_\_\_ Yes



**General:**

Height \_\_\_\_\_ Weight \_\_\_\_\_  
Recent weight change  No  Yes

**Skin:**

Rashes  No  Yes  
Jaundice  No  Yes  
Other, explain: \_\_\_\_\_

**Head, Eyes, Ears, Nose, Throat & Neck:**

Double vision  No  Yes  
Headaches  No  Yes  
Seizures  No  Yes  
Dizziness  No  Yes  
Hard of Hearing  No  Yes  
Thyroid Problems  No  Yes  
Other, explain: \_\_\_\_\_

**Respiratory:**

Spitting up blood  No  Yes  
Asthma / Wheezing  No  Yes  
Difficulty breathing  No  Yes  
Pleurisy /Pneumonia  No  Yes  
Other, explain: \_\_\_\_\_

**Cardiovascular:**

Chest pain/angina  No  Yes  
Shortness of breath  No  Yes  
Difficulty walking (2 blocks)  No  Yes  
Heart problems / attacks  No  Yes  
Heart arrhythmias  No  Yes  
High blood pressure  No  Yes  
Heart murmur  No  Yes  
Swelling of hands, feet  No  Yes  
Other, explain: \_\_\_\_\_

**Hematologic:**

Bleeding tendencies  No  Yes  
Anemia  No  Yes  
Blood disease  No  Yes  
Other, explain: \_\_\_\_\_

**Gastrointestinal:**

Peptic ulcer  No  Yes  
Vomiting blood / food  No  Yes  
Gallbladder disease  No  Yes  
Liver Problems  No  Yes  
Hepatitis  No  Yes  
Painful bowel movements  No  Yes  
Dear Patient:

Bleeding w/bowel movements  No  Yes  
Black stools  No  Yes  
Hemorrhoids  No  Yes  
Recent change in bowel habits  No  Yes  
Frequent diarrhea  No  Yes  
Heartburn  No  Yes  
Cramping/pain in abdomen  No  Yes  
Does food stick in your throat?  No  Yes  
Other, explain: \_\_\_\_\_

**Genitourinary:**

Frequent Urination  No  Yes  
Burning/painful urination  No  Yes  
Blood in urine  No  Yes  
Kidney problems  No  Yes  
Urinary incontinence within the past 12 months  No  Yes  
Other, explain: \_\_\_\_\_

**Locomotor-Musculoskeletal:**

Varicose veins  No  Yes  
Arthritis  No  Yes  
Phlebitis  No  Yes  
Other, explain: \_\_\_\_\_

**Neuro-psychiatric:**

Loss of consciousness  No  Yes  
Convulsions  No  Yes  
Fainting spells  No  Yes  
Prior Psychiatric history  No  Yes  
Other, explain: \_\_\_\_\_

**Gynecological:**

Age Periods started: \_\_\_\_\_ # of days it lasts: \_\_\_\_\_  
# of pregnancies: \_\_\_\_\_ # of miscarriages: \_\_\_\_\_  
Date of last pap smear: \_\_\_\_\_ # of children: \_\_\_\_\_  
Results: \_\_\_\_\_  
Have you been treated for abnormal pap smears:  No  Yes  
Explain treatment:  
Have you ever had a pelvic infection?  No  Yes  
Have you ever had venereal disease?  No  Yes  
Explain:  
Do you practice monthly breast exams?  No  Yes  
\_\_\_\_\_



This letter will be used as the acknowledgement that you have received a copy of the Notice of Privacy Practices of Sonoran Orthopedic Trauma Surgeons, PLLC .The notice describes your rights and our obligations concerning how we may use information about you and how you may have access to this information.

By signing this form, I acknowledge that I have received a copy of the Notice of Privacy Practices of Sonoran Orthopedic Trauma Surgeons, PLLC.

Print Name: \_\_\_\_\_

Signature \_\_\_\_\_ Date: \_\_\_\_\_

If not signed by the patient, please indicate relationship:

- Parent or guardian of minor patient
- Guardian or conservator of an incompetent patient
- Beneficiary or personal representative of deceased patient

Name of Patient: \_\_\_\_\_ Date of birth: \_\_\_\_\_

Provide the names of those whom you agree that information can be provided:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**For Office Use Only:** **Office Staff Initials:** \_\_\_\_\_

*Complete the following only if the patient refuses to sign the Acknowledgement:*

Reasons for refusal: \_\_\_\_\_

\_\_\_\_\_



**Consent to Receive Text Message Appointment Reminders**

By signing below, I authorize Sonoran Orthopedic Trauma Surgeons, PLLC, and its affiliates to contact me by automated SMS text message for appointment reminders. I understand that message/data rates may apply for such messages under my cell phone plan.

**Phone number:** \_\_\_\_\_

**Patient, Parent, Guardian, or Authorized Representative Initials:** \_\_\_\_\_

I am under no obligation to authorize Sonoran Orthopedic Trauma Surgeons, PLLC to send me text messages. I may opt-out of receiving these communications at any time by contacting the clinic using the contact information below, or by responding STOP to the text message.

I acknowledge that text messaging is not a secure format of communication. There is some risk that individually identifiable health information or other sensitive or confidential information contained in such text may be misdirected, disclosed to or intercepted by unauthorized third parties. Information included in text messages may include your first name, date/time of appointments, name of physician, and physician phone number, or other pertinent information.

By signing below, I indicate I am the primary user for the mobile phone number listed above, I accept the risk explained above and consent to receive text messages via automated technology from Sonoran Orthopedic Trauma Surgeons, PLLC and its affiliates to the phone number that I have provided.

**Patient Name:** \_\_\_\_\_

**DOB:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

If not signed by patient, please indicate relationship:

- Parent     Guardian     Authorized Representative

**Print Name:** \_\_\_\_\_

**Clinic Use Only**

<input type="checkbox"/> Patient declined Date: _____
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## Notice of Privacy Practices

This notice describes how medical information about you may be used and disclosed by Sonoran Orthopedic Trauma Surgeons, PLLC and how you can get access to this information.

### Please review this notice carefully

This notice is required by law to maintain the privacy of Protected Health Information (PHI) and to provide you with notice of our legal duties and privacy practices with respect to PHI. PHI is information that may identify you and that relates to your health care operations. This Notice of Privacy Practices describes how we may use and disclose PHI to carry out treatment, payment or other health care services and for other specified purposes that are permitted or required by law. This notice also describes your rights with respect to PHI. If you have any questions about this notice, please contact our office our corporate office at (916) 441-0400.

### Our Responsibilities

We are required by law to protect the privacy of your health information, establish policies and procedures that govern the behavior of our workforce and business associates, and to provide this Notice of Privacy Practices, and abide by the terms of this notice.

We reserve the right to change our policies and procedures for protecting health information. When we make a significant change in how we use or disclose PHI, we will also change this notice. The new notice will be posted in the clinic waiting room, and a copy may be received in writing upon request.

Except for the purposes related to your treatment, to collect payment for our services, to perform necessary business functions, or when otherwise permitted or required by law, we will not use or disclose your health information without your written authorization. You have the right to revoke that authorization at any time. We are unable to take back any disclosures already made with your consent.

### Your Health Information Rights

- **OBTAIN A COPY OF THIS NOTICE.** You will receive a copy of this notice at your first visit after its publication. Thereafter you may view a copy in our waiting room or request a copy from our staff.
- **AUTHORIZATION TO USE/COPY YOUR HEALTH INFORMATION.** Before we use or disclose your PHI, other than as described below, we will obtain your written authorization, which you may revoke at any time to stop future use or disclosure.
- **ACCESS TO YOUR HEALTH INFORMATION.** You may request a copy of your health information that Sonoran Orthopedic Trauma Surgeons, PLLC keeps in your medical/billing records. Your request must be submitted in writing. We may charge a small fee for the costs of providing you these copies.
- **AMEND YOUR HEALTH INFORMATION.** If you believe the information we have about you is incorrect or incomplete, you may request that the record be amended. Please speak to your physician about this information, or call our office our corporate office at (916) 441-0400.
- **REQUEST CONFIDENTIAL COMMUNICATION.** You may request that when we communicate with you about your health information, we

do so in a specific way (examples: at a certain mailing address or a particular phone number). We will make every reasonable effort to agree to your request.

- **LIMIT USE OR DISCLOSURE OF YOUR PHI.** You may request in writing, that we restrict the use or disclosure of your health information for treatment, payment, health care operations, or any emergency situation in order to treat you. We will consider your request and respond, but we are not legally required to agree if we believe your request would interfere with our ability to treat you or collect payment for your services.
- **ACCOUNTING OF DISCLOSURES.** You may request a list of disclosures of your health information that we have made after April 14, 2003 for reasons other than treatment, payment or healthcare operations. Disclosure that we make with your written authorization will not be listed.

### Example of How We May Use and Disclose PHI

- We will use PHI for treatment. Example: Information obtained by your physician, nurse or other members of our staff will be recorded in your record and used to determine the course of your medical treatment. We may also provide such information to other healthcare providers involved with your treatment.
- We will use PHI for payment. Example: A bill may be sent to you or your health insurance company. The information on or accompanying the claim may include information that identifies you, your diagnosis, procedures performed and supplies used in your treatment. In some cases information from your medical record is sent to your insurance carrier.
- We will use PHI for health care operations. Example: Sonoran Orthopedic Trauma Surgeons, PLLC may use information in your record to assess care and treatment received. This information will be used in an effort to continually improve the quality and effectiveness of the health care and services we provide.
- We will use PHI for notification. Example: Sonoran Orthopedic Trauma Surgeons, PLLC may use or disclose information to notify or assist in notifying a family member, personal representative, or another person responsible for your care or your general condition. Physicians and staff, using their best judgment, may disclose to a family member, close personal friend or any other person you identify, relevant health information to facilitate that person's ability to assist in your care or make necessary arrangements.

### Other Uses and Disclosures

- **Appointments:** We may contact you to provide appointment reminders/changes.
- **Business Associates:** There are some services provided in our office through contracts with business associates, such as transcribing medical records, copy services, computer support, etc. When these services are provided by contracted business associates, so that they may perform their particular duties, we have asked them to sign a confidentiality agreement verifying they will appropriately safeguard any PHI.
- **Health Related Communications:** We may contact you to provide referrals or other care alternatives and services that may be of interest



to you. Including participation in research studies. If they study provides any type of treatment, the researcher will provide explanation of benefits and risks of such treatment, and how your PHI rights are affected.

- **Workers' Compensation:** We may disclose your health information to the extent authorized by and necessary to comply with laws relating to workers' compensation or other similar programs established by law.
- **Coroners, medical examiners, and funeral directors:** We may release PHI as necessary and consistent with applicable law to carry out their duties.
- **Organ procurement organizations:** Should you be an organ or tissue donor, we may disclose PHI consistent with applicable law for the purpose of tissue donation and transplant.
- **Victims of abuse, neglect, or domestic violence:** We may disclose your PHI to a government authority, such as a social service or protective service agency, if we reasonably believe you are a victim of abuse neglect, or domestic violence. We will only disclose this type of information to the extent required by law.
- **Public Health:** We may disclose PHI as required by law to public health or legal authorities charged with preventing or controlling disease, injury or disability.
- **Law Enforcement/Legal Issues:** We may disclose your PHI for law enforcement purposes as required by law or in response to a valid subpoena, court or administrative order.
- **To avert serious threat to health or safety:** We may use and disclose PHI when necessary to prevent a serious threat to your health and safety or to the health and safety of the public or other persons.
- **Correctional Institution:** Should you be an inmate of a correctional institution, we may disclose PHI to the institution or its agents when necessary for your health or the health and safety of others.
- **Food and Drug Administration (FDA):** We may disclose to the FDA your PHI relating to adverse events with respect to drugs, food, nutritional supplements, products and product defects, or post marketing surveillance to enable product recalls, repairs or replacement.
- **Device Manufacturers:** If you receive a medical device that is implanted or which is used for life support functions, we may disclose PHI as required by law to the device manufacturer for tracking/research purposes. You may refuse to authorize the disclosure of your name and contact information.
- **Military and Veterans:** If you are a member of the armed forces, we may disclose PHI as required by military command authorities. We may also disclose PHI about foreign military personnel to the appropriate military authority.

- **National Security and Intelligence Activities:** We may disclose PHI to authorized federal officials for intelligence, counterintelligence, and other national security activities authorized by law. We may disclose PHI to authorized officials so they may provide protection to the President and other governmental leaders, or conduct special investigations.
- **Regulatory oversight:** We may disclose your PHI to an oversight agency for activities authorized by law. These oversight activities include audits, investigations, and inspections, as necessary for our government programs, and compliance with civil rights.

#### **FOR MORE INFORMATION OR TO REPORT A PROBLEM**

If you have questions, would like additional information, or want to request an updated copy of this notice, you may contact our corporate office at (916) 441-0400.

If you believe we have not properly protected you privacy, have violated your privacy rights, or you disagree with a decision we have made about your rights you may contact our office. You may also send a written complaint to the U.S. Department of Health and Human Services at the office of Civil Rights, Hubert H. Humphrey Building, 200 Independence Avenue, S. W., Room 509 HHH Building, Washington, D.C. 20201. Sonoran Orthopedic Trauma Surgeons, PLLC will ensure that the care you receive will in no way be affected if you file a complaint.